



Tri-Community Dance Club (TCDC)

Parent Handbook

Updated July 2025

(adapted from the Performing Arts Warehouse Parent Handbook 2021-2022)



Email: tricomunitydanceclub@gmail.com

Website: www.tri-communitydanceclub.com

Tri-Community Dance Club:

Mission:

Sharing the spirit, values and practices of dance through education, presentation and creation in our communities for everyone's benefit.

Vision for Dance and the Tri-Community Dance Club:

Dance is a vibrant and integral aspect of the social and cultural fabric of our communities with high quality educational, performance, and creative opportunities available for all. TCDC works with communities as a hub for dance across Northern Saskatchewan and is a force for enriching the health and well-being of residents, building community, and advancing Truth and Reconciliation.

Values:

Equity: *opportunities are for everyone.*

Access: *no barriers to our programs and services.*

Participation: *being involved in whatever way you choose.*

Respect: *everyone's perspectives and experiences are valued.*

Imagination: *its spirit underpins all our work.*

Passion: *it inspires our commitment.*

Sustainable: *here for the long term.*

Collaboration: *to work willingly with everyone who shares our values and goals.*

Dance Genres:

Ballet – *A graceful form of dance done to classical music. Ballet also includes character and free movement. Ballet training improves posture, flexibility and strength aiding all other dance forms. The TCDC follows the Royal Academy of Dance.*

Jazz – *An energetic form of dance which includes jumps, turns, and kicks to fast paced music. Jazz improves coordination, flexibility and it's fun! It's an excellent form of exercise. TCDC follows the Canadian Dance Teachers Association syllabus.*



Tap – *A rhythm-based form of dance where the dancer also is a musician! Students wear hard soled shoes with metal taps attached to the ball and the heel to make rhythm patterns on the floor. Tap can be an excellent form of exercise. TCDC follows the Canadian Dance Teachers Association syllabus.*

Modern/Contemporary – *Modern dancing is characterized by its versatility and covers a range of techniques and styles. This free-flowing style pushes movement to the boundaries while incorporating the whole body. This style is danced in bare feet.*

Hip Hop – *Dance to your favorite hip hop music in an upbeat and high energy class. This popular style of dance can be found on TV commercials, music videos and movies. TCDC focuses on the Street Jazz style where students learn isolations, rhythms, poppin' and lockin' and much more.*

Breakdance – *originally called b-boying or b-girling, an athletic style of street dance originating from the African American community in the U.S. Breaking encourages developing a sense of self, expression, creativity, and offers individual and team options. Breaking involves diverse variations mainly consisting of five kinds of movements: top rock, foot work, power moves, freezes, and get down.*

Acro - *A combination of dance and gymnastics. Learn how to properly execute acrobatic tricks and develop dance skills in this fun class. Acro improves strength, agility, flexibility and physical control.*

Code of Ethics and Beliefs:

TCDC is a community of dancers, staff, and parents who hold our relationships with one another, all art forms (dance, theater, visual arts, music, etc.), and the values of the work we do in high regard. It is an honour to participate in our community for the performing arts. These ethical standards are here to guide our work, and relationships, and are what we agree to demonstrate in our work with TCDC.

Integrity: *To be a person who leads by example and honors commitments, to be a trustworthy person other people can rely and depend upon. Any conflicts of interest or concerns shall be disclosed to the board of directors.*

Leadership: *To be a person who represents high levels of personal integrity, leadership, and responsibility for oneself and others. A person who has the courage and willingness to face issues and concerns with maturity and dignity.*

Responsibility: *To respect and adhere to the policies and procedures of the rental space, or the organizers of any conference, workshop, or competition. We ensure that the spaces in which we*



teach and dance are cared for and maintained, we help one another, and ensure garbage, recycling, and lost and found items are placed within the appropriate places.

Professionalism: *To uphold our professional values and standards of conduct both in the community, on social media, within relationships, and in dance classes. Working relationships with colleagues in all areas of the field are based on mutual respect, fairness and open communication. Any conflict or disagreements shall be dealt with respectfully, judiciously and democratically. I will deal directly with the individual with whom I have a disagreement, and to not discuss the issue with other board members or parents. Any serious issues will be documented I will seek support from the board chair.*

Inclusivity: *Dance is for EVERY body. To ensure that the dance class environment is welcoming of all children and families regardless of their socioeconomic status, gender, race, ethnicity, age, body shape, and culture. Every child is entitled to the best dance education and shall be embraced by the group. There is ZERO tolerance for bullying of any kind, whether it be in person, on social media, or texting.*

**These ethical standards have been adapted from The Dance Project (September 2022).*

Class Streams:

The Tri-Community Dance Club offers classes for a wide range of desires and abilities.

Recreational Stream

There is a Recreational Stream for the children who like to come to dance class once a week. The focus on their classes is exercise, creative expression, performance, friendship and enjoyment as they learn the required dance steps for their level while following the RAD or CDTA syllabus. All recreational classes perform in the year end showcase held in La Ronge and have the option to perform in the Prince Albert year-end recital, FAME as well as additional optional performances in the tri-community.

Competitive Stream

TCDC offers a Competitive Stream for students who wish to excel at dance. As above, their classes offer exercise, creative expression, friendship and enjoyment but with the added emphasis on good attendance focusing on technique and syllabus work to ready all students for ballet, tap or jazz competitions. These classes will perform in the year end showcase in La Ronge. In order to participate in the competitive dance team, students ***must be 5 years of age at time of registration and must be registered in recreational dance and attend weekly classes.*** They will be provided ***additional competition prep classes for choreography and***



rehearsals once a month; however, regular practice times must be done on their own and as scheduled by parents/caregivers. This is mandatory in order to be in competition classes.

Exam Stream

TCDC offers dance examinations in Ballet, Tap, and Jazz. We follow the Ballet syllabus of the Royal Academy of Dance, and the Jazz and Tap syllabus of the Canadian Dance Teachers Association. Dance exams motivate the students to fine tune their technique and push their limits. Exam results and feedback give the students and parents an official gauge of how they are progressing on a National or International Standard.

We do encourage the students to participate. However, exams are not for every student. You must have the desire and commitment to practice at home to refine and memorize the syllabus to participate in exams. Therefore, exam results are for the individual's personal growth and will not be required for class advancement. It is recommended (not mandatory) that all TCDC Festival Dance Team students participate in exams as part of their dance training.

Dance exams are held in the fall or spring - meaning exam dates are usually the end of November or the beginning of December for fall exams and approximately mid-March for spring exams. Exam fees are submitted a minimum of 2 months prior to exams. Once you have given permission for your child to take their exams, fees are charged and are non-refundable.

The RAD and CDTA set the price of the exam entry fee and that fee goes directly to their offices. The CDTA is a Canadian organization so the examiners will be from Saskatchewan, Alberta or Ontario. The RAD is a world-wide organization.

Exam Uniforms:

Each grade will have a different color uniform as required by RAD syllabus. For ballet exams, dancers require the following:

	Bodysuit	Tight/Sock Color
Primary	Pink short sleeve style 1653	Pink Socks
Grade 1	Lilac Tank Style 1633	Ballet Pink
Grade 2	Pale Blue Tank Style 1633	Salmon
Grade 3	Mulberry Tank Style 1633	Salmon
Grade 4	Turquoise Tank Style 3546	Salmon
Grade 5	Ink Blue Tank Style 3546	Salmon



Grade 6	Dark Purple Tank Style 3546	Salmon
Vocational	Black Tank- Own Choice	Salmon

For Jazz exams, all dancers must have tan tights and tan jazz shoes. Dancers will require a bodysuit in any colour and style, as long as it has a high back that a number can be pinned on. If we have in-person exams, the colours should match. If we do video exams then the colours do not need to match. This will be determined at the beginning of the dance year.

Exam fees are calculated at the Royal Academy of Ballet and Canadian Dance Teacher Academy rates and will need to be paid in addition to the class fee. Exam class fees are based on a 30-minute class time.

Cost of the required uniform are on an individual basis.

Exams for the year will be between \$70.00-\$120.00 each exam. There could be multiple exams in a year as a child progresses through and is ready for the next level.

Exam dates are determined upon group readiness and will be billed prior to the exam date. Exam fees must be paid prior to taking the exam. Should a child take an exam and not pass, they will need to re-take the exam at the respective exam fee.

Workshops and Drop In classes

TCDC offers a variety of workshops, drop-in classes and intensives throughout the year with a recreational focus. There is no performance to these classes; however, we often incorporate a short time at the end of the class to demonstrate learning for parents/caregivers. The aim for these classes is to enliven dance in the community and provide wider access to a variety of dance genres, some not offered in the regular class streams. These classes are optional and are either free or low cost.

What if your child is new to dance? Often it is a good idea to start in a recreational class and progress the next year to add a competitive or exam class if they so desire.

Class Attire:

Recreation Class attire:

Dancers are encouraged to wear dancewear. Clothing should be comfortable, moveable, and more fitted. No jeans please. Footwear should be clean. Dance shoes are encouraged; such as ballet flats or jazz shoes.



TCDC has a selection of shoes that can be borrowed. If for some reason we do not have your size, you are responsible for providing your own shoes. Clean running shoes are completely acceptable.

For tap classes, tap shoes are required. If you are purchasing tap shoes, we suggest tan colored shoes. We have limited sizes for lending, we will fit your child to the closest size. If you have shoes that your child has grown out of and we can trade shoes, we are open to this.

ALL TCDC shoes must be left at the studio.

Competition Class attire:

Ballet students should wear tights, a solid-colored leotard and ballet slippers. Hair should be pulled back from face and secured in a bun. No loose-fitting clothing please!

Jazz and Tap students should wear black or beige tights (whichever matches shoe color), a leotard and either jazz shoes (for jazz) or tap shoes (for tap). No baggy sweats or shirts allowed in class. Hair should be pulled back from the face and secured in either a bun or a ponytail. Fitted shorts or capris are also allowed over leotards for all recreational classes.

Hip Hop and Breaking students should wear comfortable, easy moving clothes – avoid jeans. For footwear, running shoes or jazz sneakers are acceptable. (Note: No outdoor shoes – small stones, mud or gravel wear the finish off of the dance floors. Shoes must be clean, indoor shoes).

Modern/contemporary students should wear bodysuits, footless tights and optional shorts or capris. Students will dance in bare feet.

Exam Class attire:

Dancers have a mandatory uniform for the exams; however, if they wish to wear other dancewear to class that is fine. We do recommend that they wear a similar outfit to the one they will wear to their exam, so they are used to it. But, if for some reason they are unable, any dance wear is okay for class.

Shoes:

Following is a list of shoe colors required for tap and jazz classes and the year-end showcase. If your current shoes still fit, wear them to class and when needed, replace with the following colors:



Tap & Jazz Pre-Primary:	Tap & Jazz Primary to Senior:
Tan	Tan

Ballet shoes need to be the leather type.

No street shoes in studios. Please remove them before stepping into the studio rooms. All dance shoes should be clean, indoor shoes.

Class General Guidelines:

Be respectful, be kind, be courteous, be brave, and be humble.

Bullying and disrespectful behavior is not acceptable. We speak kindly to and about others and their bodies in our studio. Dance is for ALL.

We kindly ask the following:

- ◆ No gum.
- ◆ No loose jewelry.
- ◆ No cell phones.
- ◆ No touching mirrors.
- ◆ No hanging on the barres.
- ◆ Please arrive on time for your class to ensure that you are dressed and warmed up, ready to begin class on time.

In the event a student is struggling to follow any of the guidelines, TCDC instructors will talk with the child and will encourage and remind them of the class guidelines. We will engage with the parents/caregivers in order to best address the issues should there be on-going concerns. The instructors at TCDC reserve the right to remove any student who is hindering the progress of the class or endangering or disrespecting themselves or other students.

Dance Instructors:

Miss Jenna [Trawin]- Ballet, Jazz, Modern, basic Hip Hop, Technique/Exams, Festival

Miss Madi [Vandale]- Tap

Brandon [Ganuelas]- Breaking



Instructor bios can be found on the TCDC website: <https://www.tri-communitydanceclub.com/team-1-1>

TCDC may also work with other contract instructors for additional class opportunities.

Dance Assistants:

Miss Madison [Vandale]- casual

Miss Paiton [Tegstrom]- casual

Youth Dance Assistants:

Miss Amelia [Putz]

Parent Volunteers:

TCDC may work with volunteer class parents to provide additional support and supervision in classes.

***Please note that all volunteers ages 18 or older will be required to obtain a Police Reference Check with Vulnerable Sector Screening valid within the last 6 months of starting their volunteering with us.*

“Rising Stars” Youth Dance Assistant Program:

TCDC's Class Assistant Program is an in-studio training program that gives dance students the opportunity to learn the skills and techniques necessary to be successful dance instructors and leaders.

TCDC will choose Youth Dance Assistants based on the following qualifications. Youth Dance Assistants:

- * show their commitment through regular attendance (in both their dance classes as well as the classes they are assisting with) and punctuality.
- * illustrate a positive attitude and level of maturity.
- * display a natural love and passion for dance.
- * demonstrate a desire to learn and grow as a dance instructor.

To apply to become a Youth Dance Assistant, the following requirements must be met:

- * Are 11 years of age or older.
- * Have completed the application form.
- * Will attend a short orientation and quarterly meetings throughout the dance season.



Selections are made based on application, dance experience, conduct in classes, and availability for classes.

For further information of how to apply contact the TCDC Board of Directors or visit the website.

General Information for Parents:

- Mini Mover, Pre-Primary, and Primary classes for children ages 3 to 8 are 30 minutes in length and take place once per week.
- Junior and Intermediate classes for children aged 9 and up are 45 minutes in length and take place once per week.
- Combined Junior Tap classes for children aged 5-8 are 30 minutes in length and take place once per week.
- Combined Intermediate Tap classes for ages 9 and up are 45 minutes in length and take place once per week.

We respectfully ask parents/caregivers not to watch classes. It can be disruptive to the entire class when we have non students in the studio. When students require additional support from parents/caregivers, we ask that parents who are in the room are not on their phones and participate with their child to encourage their engagement in the class. We will be posting different pictures of classes for promotional purposes on our website and Facebook page. There will be invitations for parents to come in when we have in person classes; parents will be notified of this prior.

Hands On Contact: From time-to-time teachers may need to correct student posture, turn out, weight placement etc. by using hands on contact.

We will be continuing our “GREEN” initiatives with notifications and drinking cups. Parents will receive communications via email and through Facebook and Website posts in lieu of printed materials. **Please bring your own water bottle or glass to the studio for water.** We are trying to reduce the number of disposable items we use, i.e. paper cups, paper, etc.

If you need to pick up your child early, or need access to your child for any other reason, please let us know and try to refrain from coming in and out during class time in order to minimize distractions.

Please silence your cell phones while in the studio for class.

Please do not wear excessive jewelry to dance class. Stud earrings are acceptable. Other jewelry may be dangerous to yourself or others if it comes loose.



Please keep our lobby/common areas quiet. Lobby noise is heard by the students in the classroom and can be very distracting.

We expect to uphold a high standard of respect and ethics. Parents and students are not to make negative or derogatory comments in person or in written format such as social media, texts, etc. concerning other students or TCDC.

Drop off and Pick Up:

TCDC is not responsible for providing before or aftercare for students. The doors to the facility are locked prior to a teacher's shift beginning and will be opened 10 min before class starts.

Children 10 and under must wait for their parents to pick them up inside the studio, unless otherwise indicated to TCDC by parents. Students are not to be left at the studio for excessive time periods before or after their lessons, and if parents/caregivers will be early or late, please send us a notification. TCDC assumes no responsibility for children who leave unaccompanied.

Communications:

Correspondence by TCDC is done predominantly by email. We also use social media (Facebook), our website, and direct messages to provide updates and announcements. By registering for a class with us, you are giving implied consent to send you emails that have relevant and important information regarding your dancer's classes including, but not limited to, season date reminders, recital information, newsletters, class cancellations, season or class date changes and substitute teacher information.

Please always check your spam, promotion, and any other email provider folders periodically as studio-wide emails may end up being filtered. TCDC and our faculty are not responsible for missed information sent by email.

Diversity and Inclusion:

TCDC strives to be a diverse, inclusive, and equitable studio where all staff, students and volunteers, whatever their gender, race, ethnicity, national origin, age, sexual orientation or identity, education or disability, feels valued and respected. We are committed to a non-discriminatory approach and provide equal opportunity for employment, education, and advancement in all of our departments, programs, and worksites. We respect and value diverse life experiences and heritages and ensure that all voices are valued and heard.



Medical Policy:

Injuries

When a student informs an instructor that they are sick or injured, the student will just watch the class work/choreography until able to participate safely. Parents/caregivers will be notified after class, unless they are too sick or injured to continue class in which parents/caregivers will be contacted immediately. In the event that a student sits out of class due to injury, they will be required to observe for the remainder of the dance day, unless immediate medical attention is necessary, and they are picked up by an adult. Frequent occurrence of sitting out may indicate overall health and wellness issues of the dancer. Parents/caregivers will be contacted as it may require removal from the class. We recommend seeking medical attention after sitting out for any injury. Should a child be picked up early, please notify the instructor before leaving class.

An injured student must provide the teacher with a doctor's note stating that he/she is able to participate in class work.

No injured student will be able to participate in Dance Festivals or Showcases without the doctor's note stating it is safe for them to do so.

Allergies

TCDC is a nut-free facility and while we ask parents/guardians to refrain from providing nuts to their children, we are unable to guarantee a nut-free environment.

We ask parents to list allergies and medical conditions in writing to TCDC during the registration process. We also ask parents to inform us of any potentially life-threatening allergy (anaphylaxis) prior to the first day of class and ensure their child has auto-injector on them at all times.

Illness

Please refrain from bringing your child to dance if they are sick with a contagious illness. TCDC provides hand sanitizer, daily cleaning, and encourages our staff and students to take care of their health. If your child has any sores or open wounds they should be properly covered.

Dance classes can involve constructive critique from our qualified instructors. In the event that a dancer is struggling with significant emotional or mental health related challenges, please seek professional help and communicate this with TCDC staff. In the event that these challenges are affecting the student's ability to accept and apply instruction/critique, parents/caregivers will be engaged for support.



Lost and Found:

Please label all dance wear, especially shoes. Check our lost and found for missing items. We empty our Lost and Found during winter, spring and summer breaks and will donate any unclaimed items to a local charity.

We encourage students to leave valuables at home. TCDC is NOT responsible for lost or stolen items.

Attendance:

To ensure the student's progress, please make every effort to attend each class. In the event that your child is sick or unable to attend please call, text or email us to let us know, including the reason for the absence.

If any class is cancelled by TCDC, outside the scheduled holiday breaks listed, every effort will be made to schedule a make-up class. If that should not be possible, your account will be credited accordingly.

Classes missed by the student of their own accord for any reason, will not be refunded. Please inform TCDC of any absences via email or message.

A one-month notice must be given if your child will not be continuing with a class. Once registered, your child's spot will be held in that class until we are informed otherwise. Billing will continue until notice is received. Please discuss any concerns with your child's teacher about class placement prior to October 1st.

After 3 consecutive absences TCDC staff may remove the dancer from choreography. After 5 total absences throughout the season, TCDC staff may remove the dancer from the choreography. Should an extended absence be required close to showcase, we encourage children to practice regularly with any practice videos provided.

Students may continue attending the class as an understudy to the routine but may not perform if they do not know the choreography. All decisions concerning removal of a dancer from choreography are at the teachers assessment and discretion, and in the best interest of the dancers. This will be discussed with parents/caregivers if there is a concern.



Financial Policy/Fees:

All fees are payable in full or in monthly installments. We accept cheques, debit, Visa, Mastercard, American Express, e-transfer, or cash. Please note that if you are paying with a credit card, there will be an additional 6% fee for square.

Each family will be charged a one-time, non-refundable, registration fee of \$30.00 for the dance year. This is an administration fee and secures your dancers spot upon registration.

Each dancer is required to pay a \$100.00 costume fee for each class they are enrolled in. This fee must be paid in full by December 1st.

Paying by e-transfer –We accept e-transfers to tricomunitydanceclub@gmail.com. TCDC is registered for auto deposits so no password will be required.

All accounts paying monthly will need to leave a credit card number or an open dated cheque on file. Monthly payments can be made via square payment (debit or credit), cash or cheque. Should you need to pay by e-transfer, please contact us. TCDC will not be invoicing monthly so it will be important to remain on top of your account. Invoices are updated typically each quarter.

A late fee of \$10.00 will be charged monthly on overdue accounts if not paid by the 10th of the month.

A one-month notice is required if your child is dropping a class. Billing will continue until TCDC has been notified. Refunds for classes paid in full will be issued upon confirmation of withdrawal. A \$1.50 bank fee charge for all refunds will be taken off the total of reimbursement.

The fee for a 30-minute class is \$45.00 in monthly installments or \$360.00 total.

The fee for a 45-minute class is \$50.00 in monthly installments or \$400.00 total.

Winter showcase does not require a costume. All classes except for Breakdancing are required to purchase a costume for the year end showcase.

The costume fee for all classes is \$100.00 per class, this includes the costume, accessories, tights and shipping and duty fees.

Competitive classes cost breakdown is below in the competition section on page 17.



Fee Due Dates

Recreational Class Fees	Due Date
\$30.00 Family Registration Fee, one-time fee	Upon registration, prior to August 30 th
Costume Fee (per dancer)	Upon registration (must be paid Prior to December 1 st)
Full payment option	Prior to September 10 th
Monthly payment option	Prior to the 10 th of the month, each month

Exam Class Fees	Due Date
Uniform Fee	On own, as per requirements of RAD/CDTA
Exam Fee	Between \$70-\$120 per exam.

Competition fees	Due Date
One Time Choreography Fee (per entry)	March 1 st
Festival Registration Fees	December 15 th
Costume fees	On own, if ordering through TCDC payment must be made once order is processed and shipping and duty calculated. This will be billed to you.

Financial Assistance:

For families that require assistance there are a few options for support. Financial requests can be made to the TCDC board at any time and we will support families to find the best avenue for assistance depending on needs. In the event that we have funds available we will work to support families to access coverage from our budget. Other avenues should be explored first.

Financial assistance for recreational classes is given priority.



TCDC Financial Assistance:

TCDC Financial Assistance Program is designed to assist qualifying individuals with the cost of dance registration. If you qualify for assistance through Creative Kids, JRMCC, or Metis Nation Saskatchewan, we encourage you to apply through them first. TCDC applications are considered on a case-by-case basis depending on our funding available. Coverage amount may vary.

Families (or individuals) can apply to have registration fees subsidized, based on income and funding available.

To qualify applicants must provide:

1. Completed Online Application (below)
2. Proof of Household Income

OR

Supporting letter addressed to the board with your reasons for requiring support.

Completion of the application does not constitute approval. You will be notified upon approval. Contact TCDC directly for any questions prior to application.

TCDC financial assistance form can be found on the TCDC website.

JRMCC Financial Assistance:

For families applying for JRMCC financial assistance through LLRIB, we require this to be indicated upon registration and must be provided with the child's treaty number.

Eligibility:

- Children and Youth LLRIB membership in the La Ronge area.
- Coverage required from LLRIB outside of La Ronge (for example Sucker River), must be applied for directly through the local councillor for approval and payment to TCDC. If you require a letter or any documentation from TCDC in order to qualify for the funds, please let us know.

Payment is made directly to TCDC. We submit the financial assistance list for approval and the invoice for reimbursement to JRMCC. This will then be applied to your total invoice.

Their rates for assistance may vary, up to \$200.00 per child, so please check with TCDC for what can be covered.



Creative Kids Fund:

Creative Kids Fund can be accessed through their website at <https://creativekidssask.ca/>.

Eligibility:

- Saskatchewan children ages 4 to 19 – children must be 4 years old before the application deadline
- Families with the greatest financial need
- Artistic and cultural activities (see website for eligible activities).

Funding is paid to the service provider. Creative Kids funds children from families with financial barriers to artistic and cultural activities. Based on the number of applications received and funds available, most supported families have incomes less than \$40,000.

Applicants will need to include a Notice of Assessment from Canadian Revenue Agency or pay stubs for each parent in the home.

Ensure you check the website for the deadlines for applications.

What they cover:

Creative Kids may provide up to \$750 per child for their activity. Funding resets every June 1. For instance, an applicant could be funded for a maximum of \$750 for September to May dance classes.

Dance shoes and dancewear are eligible for funding up to \$150 if applying to take a class. Please note that these items will only be considered if there is any remaining from the \$750 after class costs are covered.

Creative Kids support local art, music, and dancewear stores and do not support the purchase of items online or at box stores such as Michael's and Walmart. They cannot reimburse for items already purchased.

Métis Nation Saskatchewan:

The local Métis Nation Saskatchewan (MNS) Northern Region 1 offers a reimbursement program for registered Métis children 0-8 years old for up to \$500.00. Contact is Laura Burnouf. If you qualify for this assistance, you will need to indicate it upon registration and will include your child's Métis number. TCDC will submit for reimbursement directly to us and apply the funding to your total invoice.



TCDC Dance Team- Festival (Competition) Stream:

TCDC Dance Team is a group of committed students who attend dance festivals (competitions) throughout the province.

Dance Team Prerequisite Classes:

Dance Team members **must** be at least 5 years of age at time of registration and participate in the recreational combo and/or tap classes for which their competing in. Ballet is the fundamental of all dance. Ballet improves posture, muscle memory while developing core muscles to aid all other dance techniques. Working hard in ballet class will advance dancers skill in **all** other disciplines. While recommended, it is not required for all dancers to register in ballet to compete. Dance Team members must be:

- 1) Registered in the competitive dance team full year. This is a separate registration form found on our website.
- 2) Registered in the genre class for their age for the full year.
- 3) Attend at minimum 75% of their related rec class.

Why the prerequisite classes?

- 1) To maintain and establish technique;
- 2) To develop muscle memory;
- 3) To work on flexibility;
- 4) To learn syllabus work;
- 5) The more practice – the better the dancer!

To make a number stand out it takes execution, precision, performance and unison in choreography– this comes from the dancers in the group. ***Regular attendance and at home practice*** for all classes will result in knowing, performing and executing the choreography cleanly. ***Regular attendance and consistent practice in classes is a requirement of Dance Team members***; as well as the commitment to the “team” – all working together for one common goal – presenting a well-rehearsed competition piece. It will be up to the teacher’s discretion to remove a student from a dance due to poor attendance or not knowing the choreography.



Please Note: All Dance Team classes will participate in the mandatory competition schedule and will also perform in the year end recital In La Ronge.

They will have one costume per competitive performance. Costumes will be at parent/caregiver discretion. Costumes should be run by TCDC prior to ordering. Costumes can be ordered through TCDC accounts if needed, but it will be up to parents/caregivers to determine what costume, proper sizing, and payment (costume price, duty/customs, shipping costs). Costumes can be re-used from previous years where applicable or second hand as long as they are in like new condition.

Mandatory Requirements for All Dance Team Groups

1. Ability to attend **all** Competitions TCDC commits to, up to three competitions. Ex: Dance Blast; Dance Experience; Stars on Stage.
2. Commitment to attend the Competition Dress Rehearsal.
3. Consistent attendance in all classes (75%).
4. Enrollment in prerequisite classes.
5. Ability to learn and retain choreography.
6. Dedication to practice their competition pieces independently and regularly outside of class times.

Age Guidelines for Dance Team Groups

- ◆ 5 to 8 years
- ◆ 9 to 11 years
- ◆ 12 to 14 years

Please remember when competing with a group it is the average age of all the dancers in the group. Keep in mind that in some years dancers will fall in the top of the age range and some years they will be in the lower end. If your child has been selected for a Dance Team class, they still have the option of declining the placement. Options for other classes can be discussed with your child's teacher at registration.

Dance Team Costs

- ◆ Choreography fee for rehearsals (flat rate paid monthly, or all upfront).
- ◆ Competition entry fees.
- ◆ Costume fees (on own) and any other fees for practice times on own (facility rental or other).



Solo's, Duo's, Trios and Small Groups

Soloists have to possess a capable skill level for age group, commitment to practice and good attendance. Duo and Trio partners must be compatible in technique and have a good working relationship with each other.

Choreography fees for competition numbers are as follows:

Solos 5-8 years - \$150.00

9 years and up - \$200.00

Duets & Trios - \$100.00 per student

Groups (4+ dancers) - \$75.00 per student

Choreography fees include the following:

1. Choreography for selected number.
2. In-person rehearsal time (30 min) with instructor once a month.
3. Music editing.
4. Competition dress rehearsal.
5. Teachers' attendance with student at competition.

General practice and perfecting of the choreography taught is the student's responsibility.

Competition Entry Fees:

TCDC will submit the required entry fees to each competition (by December 15th). Competition entry fees will need to be paid by the student to TCDC by December 1st. Choreography fees will be due by March 1st.

There are no refunds on entry fees once they have been submitted to the various competitions. A competition entry and fee summary will be emailed out to all Dance Team members. Please check this list and reply back immediately if there are any errors or omissions on the entries.

Costumes:

For recreational costumes, TCDC instructors will work with the classes to determine costumes based on our performance piece. There are no required costumes for the December showcase; however, you may be asked to provide a coordinated outfit or color. There is a mandatory



costume for the May showcase recreational groups. Accessory fee and costume deposits are due with registration and must be paid in full by December. We will order costumes at the end of January. Children's measurements will be taken in class or parents may be asked to send them in. Costumes will include accessories and tights. Costume measurements should be accurate and if in doubt, we will always order based on girth measurements. We will up-size if the child's measurements are close to the higher end to account for growth. Costumes can easily be taken in, but the body length cannot be adjusted. Should you have any concerns about costume measurements or have specific requests for sizing, please contact TCDC prior to January to discuss any needs you might have.

For competition costumes, parents are responsible for choosing and ordering/purchasing costumes. The choice should be run by TCDC prior to ordering. If parents want to order costumes through TCDC accounts, they will work with TCDC on pricing and ordering. The order should go in by December 15th. Costume payments will be invoiced once the duty/shipping costs have been posted. We cannot refund your costume payment if your child quits the class after the costumes have been ordered. We will notify you when the costumes are in.

It is best to allow "growing room" from the time the students are measured to the time of performance. If you are concerned about your child's measurements, feel free to check them with us or we can help with measurements.

Sometimes costumes do need alterations. Alterations are the parents' responsibility. They may include:

- General steaming to remove wrinkles.
- Hemming or cutting of pant legs or skirts.
- Attaching shoulder straps, trim or ribbons.
- Taking in the sides of the bodice.

Most of our costumes are ordered from the USA and once ordered cannot be returned. Minor flaws such as snags or pin holes will have to be overlooked.

Costume fees for all recreational classes is \$100.00/performance.

Where applicable- Breaking class will not have a costume fee but will instead decide as a class the type of costume they will wear for the Recital Showcase in May.

Recreational Costume fees are due with registration but if they are not paid for any reason by February 15th it will be subject to a 25% monthly financing fee until they are paid.



Showcases:

December Showcase:

We will be holding a Winter Showcase on the first weekend in December at Churchill Community High School. This show will feature our recreational groups.

Year-End Showcase:

All recreational and competition classes will perform at the year-end recital called "Bloom" in La Ronge at Churchill Community High School. We will also be invited to perform in the Performing Arts Warehouse year end recital in Prince Albert called "FAME" as an optional performance. There may be other optional performance opportunities, parents/caregivers will be notified about these opportunities and be able to sign up.

TCDC Showcase is usually the last weekend in May at Churchill Community High School in La Ronge. FAME is typically the first weekend in June in Prince Albert at the E.A. Rawlinson Centre for the Arts. The dress rehearsal will be held the same day, unless otherwise noted by TCDC. Showcase and ticket information will be sent out to families prior. Children must wear their costumes for dress rehearsals.

All students performing in the Showcase must purchase a costume.

All students may watch the recital at dress rehearsal.

Parents can sign up to become Group Parents. Duties include staying backstage with the dance group until the showcase is over, making sure students are groomed the same, keeping them quiet and orderly, and possibly the occasional bathroom trip, etc.

Showcases may be live streamed in the TCDC group in order for family members that live out of town to be able to watch.

Picture Day:

Professional pictures are taken of the students and their group prior to the Showcase. These pictures can be purchased for you to keep. The pictures will be handed out in class once we receive them. Picture Day information will be sent out prior; however, they will take place after all group costumes have arrived, in April or early May.

We ask that every student make the effort to attend picture day, even if you do not wish to purchase the photos. TCDC keeps a group photo yearbook, and you don't want to be missed!



Acknowledgements:

I/we realize that participation in dance classes and activities could result in some possible personal injury. Despite precautions being taken by the studio, accidents and injuries may occur. By signing this release form, I/we (the dancer and parent/guardian) assume all risks related to the use of any and all spaces used by Tri-Community Dance Club. I/we agree to release from responsibility the Tri-Community Dance Club, La Ronge SK including all teachers, dancers, staff members, volunteers, and facilities used by both entities from any cause of action, claims, or demands now and in the future. I/we will not hold Tri-Community Dance Club, La Ronge SK, liable for any personal injury including, but not limited to: scrapes, bruises, cuts, sprains, fractures, broken bones, concussions or death or any personal property damage/loss, which may occur on the premises before, during or after classes.

Initial: _____ Date: _____

Furthermore, I/we agree to obey the class and facility rules and take full responsibility for my/our behavior in addition to any damage I/we may cause to the facilities utilized by Tri-Community Dance Club, La Ronge SK.

Initial: _____ Date: _____

In the event that I/we should observe any unsafe conduct or conditions before, during or after my/our classes, I/we agree to report the unsafe conduct or conditions to the Board of Directors, instructors or staff members as soon as possible.

Initial: _____ Date: _____



Photography/Video Release:

I give permission for my son/daughter's photographs/videos to be used for publicity and advertising in the studio, on the Tri-Community Dance Club website, social media, and in the community. *If you do not agree, you can indicate to check with you first or speak directly with the instructor/assistant of the class.*

- ☐ I do NOT agree
- ☐ Check with me First
- ☐ I agree

Dancer's Name: _____ (Print) Age: _____

Dancer's Signature: _____ (If over 18) Date: _____

Parent/Guardian Name: _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____